

第七篇

为着一个新人实际的出现，
在我们心思的灵里得更新

诗歌：

读经：弗二 15，四 22～24，三 16～17 上，林前六 17，罗十二 2，西三 10～11

- 弗 2:15 在祂的肉体里，废掉了那规条中诫命的律法，好把两下在祂自己里面，造成一个新，成就了和平；
- 弗 4:22 在从前的生活样式上，脱去了旧人，这旧人是照着那迷惑的情欲败坏的；
- 弗 4:23 而在你们心思的灵里得以更新，
- 弗 4:24 并且穿上了新人，这新人是照着神，在那实际的义和圣中所创造的。
- 弗 3:16 愿祂照着祂荣耀的丰富，借着祂的灵，用大能使你们得以加强到里面的人里，
- 弗 3:17 使基督借着信，安家在你们心里，叫你们在爱里生根立基，
- 林前 6:17 但与主联合的，便是与主成为一灵。
- 罗 12:2 不要模仿这世代，反要借着心思的更新而变化，叫你们验证何为神那美好、可喜悦并纯全的旨意。
- 西 3:10 并且穿上了新人；这新人照着创造他者的形像渐渐更新，以致有充足的知识；
- 西 3:11 在此并没有希利尼人和犹太人、受割礼的和未受割礼的、化外人、西古提人、为奴的、自主的，惟有基督是一切，又在一切之内。

纲要

壹 歌罗西三章十节说到新人的创造和新人的更新；新人的创造在十字架上已经完成，但新人的更新仍然在进行。

Message Seven

**Being Renewed in the Spirit of Our Mind
for the Practical Existence of the One New Man**

Hymns:

Scripture Reading: Eph. 2:15; 4:22-24; 3:16-17a; 1 Cor. 6:17; Rom. 12:2; Col. 3:10-11

- Eph 2:15 Abolishing in His flesh the law of the commandments in ordinances, that He might create the two in Himself into one new man, so making peace,
- Eph 4:22 That you put off, as regards your former manner of life, the old man, which is being corrupted according to the lusts of the deceit,
- Eph 4:23 And that you be renewed in the spirit of your mind
- Eph 4:24 And put on the new man, which was created according to God in righteousness and holiness of the reality.
- Eph 3:16 That He would grant you, according to the riches of His glory, to be strengthened with power through His Spirit into the inner man,
- Eph 3:17 That Christ may make His home in your hearts through faith, that you, being rooted and grounded in love,
- 1 Cor 6:17 But he who is joined to the Lord is one spirit.
- Rom 12:2 And do not be fashioned according to this age, but be transformed by the renewing of the mind that you may prove what the will of God is, that which is good and well pleasing and perfect.
- Col 3:10 And have put on the new man, which is being renewed unto full knowledge according to the image of Him who created him,
- Col 3:11 Where there cannot be Greek and Jew, circumcision and uncircumcision, barbarian, Scythian, slave, free man, but Christ is all and in all.

Outline

I. In Colossians 3:10 there are the creation of the new man and the renewal of the new man; the creation of the new man was completed on the cross, but the renewal of the new man is still going on.

西 3:10 并且穿上了新人；这新人照着创造他者的形像渐渐更新，以致有充足的知识；

Col 3:10 And have put on the new man, which is being renewed unto full knowledge according to the image of Him who created him,

贰 新人是基督所创造的，但信徒需要有分于这创造—弗二 15，西三 10：

弗 2:15 在祂的肉体里，废掉了那规条中诫命的律法，好把两下在祂自己里面，造造成一个新人，成就了和平；

西 3:10 并且穿上了新人；这新人照着创造他者的形像渐渐更新，以致有充足的知识；

一 要产生新人，首先需要基督在十字架上创造的工作，这已经完成了一弗二 15。

弗 2:15 在祂的肉体里，废掉了那规条中诫命的律法，好把两下在祂自己里面，造造成一个新人，成就了和平；

二 为要有分于这创造，我们需要每天借着更新，脱去旧人并穿上新人—四 22 ~ 24，西三 10。

弗 4:22 在从前的生活样式上，脱去了旧人，这旧人是照着那迷惑的情欲败坏的；

弗 4:23 而在你们心思的灵里得以更新，

弗 4:24 并且穿上了新人，这新人是照着神，在那实际的义和圣中所创造的。

西 3:10 并且穿上了新人；这新人照着创造他者的形像渐渐更新，以致有充足的知识；

叁 得更新就是得着神的元素加到我们里面，以顶替并排除我们老旧的元素—启二一 5 上，林后五 17，罗十二 2，林后四 16：

启 21:5 坐宝座的说，看哪，我将一切都更新了。又说，你要写上，因这些话是可信的，是真实的。

林后 5:17 因此，若有人在基督里，他就是新造；旧事已过，看哪，都变成新的了。

罗 12:2 不要模仿这世代，反要借着心思的更新而变化，叫你们验证何为神那美好、可喜悦并纯全的旨意。

林后 4:16 所以我们不丧胆，反而我们外面的人虽然在毁坏，我们里面的人却日日在更新。

一 新就是神；所以，成为新的就是成为神—罗六 4，七 6：

罗 6:4 所以我们借着浸入死，和祂一同埋葬，好叫我们在生命的新样中生活行动，象基督借着父的荣耀，从死人中复活一样。

II. The new man was created by Christ, but the believers need to partake of this creation—Eph. 2:15; Col. 3:10:

Eph 2:15 Abolishing in His flesh the law of the commandments in ordinances, that He might create the two in Himself into one new man, so making peace,

Col 3:10 And have put on the new man, which is being renewed unto full knowledge according to the image of Him who created him,

A. To bring forth the new man, first Christ's creating work on the cross was needed, and this has been accomplished—Eph. 2:15.

Eph 2:15 Abolishing in His flesh the law of the commandments in ordinances, that He might create the two in Himself into one new man, so making peace,

B. In order to partake of this creation, every day we need to put off the old man and put on the new man through the renewing—4:22-24; Col. 3:10.

Eph 4:22 That you put off, as regards your former manner of life, the old man, which is being corrupted according to the lusts of the deceit,

Eph 4:23 And that you be renewed in the spirit of your mind

Eph 4:24 And put on the new man, which was created according to God in righteousness and holiness of the reality.

Col 3:10 And have put on the new man, which is being renewed unto full knowledge according to the image of Him who created him,

III. To be renewed is to have God's element added into our being to replace and discharge our old element—Rev. 21:5a; 2 Cor. 5:17; Rom. 12:2; 2 Cor. 4:16:

Rev 21:5 And He who sits on the throne said, Behold, I make all things new. And He said, Write, for these words are faithful and true.

2 Cor 5:17 So then if anyone is in Christ, he is a new creation. The old things have passed away; behold, they have become new.

Rom 12:2 And do not be fashioned according to this age, but be transformed by the renewing of the mind that you may prove what the will of God is, that which is good and well pleasing and perfect.

2 Cor 4:16 Therefore we do not lose heart; but though our outer man is decaying, yet our inner man is being renewed day by day.

A. Newness is God; therefore, to become new is to become God—Rom. 6:4; 7:6:

Rom 6:4 We have been buried therefore with Him through baptism into His death, in order that just as Christ was raised from the dead through the glory of the Father, so also we might walk in newness of life.

罗 7:6 但我们既然在捆我们的律法上死了，现今就脱离了律法，叫我们在灵的新样里服事，不在字句的旧样里。

1 神永远是新的，祂将祂常新的素质灌注到我们里面，以更新我们全人—十二 2，西三 10。

罗 12:2 不要模仿这世代，反要借着心思的更新而变化，叫你们验证何为神那美好、可喜悦并纯全的旨意。

西 3:10 并且穿上了新人；这新人照着创造他者的形像渐渐更新，以致有充足的知识；

2 神的灵借着把神的属性灌注到我们内里各部分，而更新我们，这些属性常新不旧，永存不变—后二一 5 上。

启 21:5 坐宝座的说，看哪，我将一切都更新了。又说，你要写上，因这些话是可信的，是真实的。

二 更新的灵将新人的神圣素质分赐到我们里面，使我们成为新造—多三 5。

多 3:5 祂便救了我们，并不是本于我们所成就的义行，乃是照着祂的怜悯，借着重生的洗涤，和圣灵的更新。

三 神安排我们的环境，使我们外面的人一天过一天，一点一点地被销毁，我们里面的人得着更新—林后四 16。

林后 4:16 所以我们不丧胆，反而我们外面的人虽然在毁坏，我们里面的人却日日在更新。

四 我们乃是借着神圣生命在复活里更新的性能而得着更新—约十一 25，林后一 9，四 14，腓三 10。

约 11:25 耶稣对她说，我是复活，我是生命；信入我的人，虽然死了，也必复活；

林后 1:9 自己里面也断定是必死的，叫我们不信靠自己，只信靠那叫死人复活的神；

林后 4:14 知道那叫主耶稣复活的，也必叫我们与耶稣一同复活，并且叫我们与你们一同站在祂面前。

腓 3:10 使我认识基督、并祂复活的大能、以及同祂受苦的交通，模成祂的死，

肆 以弗所四章二十三节对我们重大而紧要，照着这节，脱去旧人（旧的社交生活）并穿上新人（新的召会生活）的关键，乃是

Rom 7:6 But now we have been discharged from the law, having died to that in which we were held, so that we serve in newness of spirit and not in oldness of letter.

1. God is forever new, and He infuses His ever-new essence into our being to renew our entire being—12:2; Col. 3:10.

Rom 12:2 And do not be fashioned according to this age, but be transformed by the renewing of the mind that you may prove what the will of God is, that which is good and well pleasing and perfect.

Col 3:10 And have put on the new man, which is being renewed unto full knowledge according to the image of Him who created him,

2. The Spirit of God renews us by infusing our inward parts with God's attributes, which are forever new, can never become old, and are everlasting and unchanging—Rev. 21:5a.

Rev 21:5 And He who sits on the throne said, Behold, I make all things new. And He said, Write, for these words are faithful and true.

B. The renewing Spirit imparts the divine essence of the new man into our being to make us a new creation—Titus 3:5.

Titus 3:5 Not out of works in righteousness which we did but according to His mercy He saved us, through the washing of regeneration and the renewing of the Holy Spirit,

C. God arranges our environment so that little by little and day by day our outer man will be consumed and our inner man will be renewed—2 Cor. 4:16.

2 Cor 4:16 Therefore we do not lose heart; but though our outer man is decaying, yet our inner man is being renewed day by day.

D. We are renewed by the renewing capacity of the divine life in resurrection—John 11:25; 2 Cor. 1:9; 4:14; Phil. 3:10.

John 11:25 Jesus said to her, I am the resurrection and the life; he who believes into Me, even if he should die, shall live;

2 Cor 1:9 Indeed we ourselves had the response of death in ourselves, that we should not base our confidence on ourselves but on God, who raises the dead;

2 Cor 4:14 Knowing that He who raised the Lord Jesus will raise us also with Jesus and will make us stand before Him with you.

Phil 3:10 To know Him and the power of His resurrection and the fellowship of His sufferings, being conformed to His death,

IV. According to Ephesians 4:23, which is vital and crucial to us, the key to putting off the old man (the old social life) and putting on the new man (the new church life) is in being

在我们心思的灵里得更新：

弗 4:23 而在你们心思的灵里得以更新，

一 重生的灵是更新的灵；这更新的灵必须得加强（弗三 16），好侵占、征服并占有我们魂的每一部分（17 上）。

弗 3:16 愿祂照着祂荣耀的丰富，借着祂的灵，用大能使你们得以加强到里面的人里，

弗 3:17 使基督借着信，安家在你心里，叫你们在爱里生根立基，

二 基督作为赐生命的灵现今在我们的灵里（提后四 22，林前六 17），并且这二灵调和在一起，形成心思的灵：

提后 4:22 愿主与你的灵同在。愿恩典与你们同在。

林前 6:17 但与主联合的，便是与主成为一灵。

1 我们的心思得更新，是借着我们领悟基督这位赐生命的灵与我们人重生的灵调和。

2 那住在我们里面，并与我们重生的灵调和的赐生命之灵，扩展到我们的心思里，这调和的灵就成为我们心思的灵；我们的心思得以更新，乃是借着这调和的灵。

三 在我们心思的灵里得以更新，乃是里面并内在的一罗十二 2：

罗 12:2 不要模仿这世代，反要借着心思的更新而变化，叫你们验证何为神那美好、可喜悦并纯全的旨意。

1 这在我们心思的灵里的更新，将我们的逻辑、哲学、想法、观念和心态翻转过来。

2 更新是借着实际的灵和圣经的启示，使我们在宗教、逻辑和哲学上，对宇宙、人类、神等类的事，心思有了改变，甚至借着十字架销毁的工作，使我们的的心思被基督的心思顶替—多三 5，罗十二 2，弗四 23，罗八 6，腓二 5，林后四 16。

多 3:5 祂便救了我们，并不是本于我们所成就的义行，乃是照着祂的怜悯，借着重生的洗涤，和圣灵的更新。

renewed in the spirit of our mind:

Eph 4:23 And that you be renewed in the spirit of your mind

A. A regenerated spirit is a renewed spirit; this renewed spirit must be strengthened (Eph. 3:16) to invade, subdue, and occupy every part of our soul (v. 17a).

Eph 3:16 That He would grant you, according to the riches of His glory, to be strengthened with power through His Spirit into the inner man,

Eph 3:17 That Christ may make His home in your hearts through faith, that you, being rooted and grounded in love,

B. Christ as the life-giving Spirit is now in our spirit (2 Tim. 4:22; 1 Cor. 6:17), and these two spirits mingle together to form the spirit of the mind:

2 Tim 4:22 The Lord be with your spirit. Grace be with you.

1 Cor 6:17 But he who is joined to the Lord is one spirit.

1. Our mind is being renewed through the realization that Christ as the life-giving Spirit is mingled with our regenerated human spirit.

2. When the life-giving Spirit, who dwells in and is mingled with our regenerated spirit, spreads into our mind, this mingled spirit becomes the spirit of our mind; it is by this mingled spirit that our mind is renewed.

C. To be renewed in the spirit of our mind is inward and intrinsic—Rom. 12:2:

Rom 12:2 And do not be fashioned according to this age, but be transformed by the renewing of the mind that you may prove what the will of God is, that which is good and well pleasing and perfect.

1. The renewing in the spirit of our mind revolutionizes our logic, philosophy, thought, concept, and psychology.

2. Renewing is to have our mind changed in our religion, logic, and philosophy concerning the universe, mankind, God, etc., by the Spirit of truth with the revelations in the Scriptures, even to have Christ's mind replacing our mind through the consuming work of the cross—Titus 3:5; Rom. 12:2; Eph. 4:23; Rom. 8:6; Phil. 2:5; 2 Cor. 4:16.

Titus 3:5 Not out of works in righteousness which we did but according to His mercy He saved us, through the washing of regeneration and the renewing of the Holy Spirit,

罗 12:2 不要模仿这世代，反要借着心思的更新而变化，叫你们验证何为神那美好、可喜悦并纯全的旨意。

弗 4:23 而在你们心思的灵里得以更新，

罗 8:6 因为心思置于肉体，就是死；心思置于灵，乃是生命平安。

腓 2:5 你们里面要思念基督耶稣里面所思念的：

林后 4:16 所以我们不丧胆，反而我们外面的人虽然在毁坏，我们里面的人却日日在更新。

Rom 12:2 And do not be fashioned according to this age, but be transformed by the renewing of the mind that you may prove what the will of God is, that which is good and well pleasing and perfect.

Eph 4:23 And that you be renewed in the spirit of your mind

Rom 8:6 For the mind set on the flesh is death, but the mind set on the spirit is life and peace.

Phil 2:5 Let this mind be in you, which was also in Christ Jesus,

2 Cor 4:16 Therefore we do not lose heart; but though our outer man is decaying, yet our inner man is being renewed day by day.

四 神的定旨在今世得以完成的惟一可能，乃是我们都愿意在我们心思的灵里得以更新。

D. The only possibility of God's purpose being fulfilled in this age is that we would all be willing to be renewed in the spirit of our mind.

伍 更新的灵调着我们重生的灵而成为一个调和的灵，扩展到我们的心思里，为要更新我们全人，使我们借着脱去旧人并穿上新人而成为新人的肢体—弗四 22、24：

V. The renewing Spirit is mingled with our regenerated spirit as one mingled spirit to spread into our mind in order to renew our entire being as a member of the new man by putting off the old man and putting on the new man—Eph. 4:22, 24:

弗 4:22 在从前的生活样式上，脱去了旧人，这旧人是照着那迷惑的情欲败坏的；

Eph 4:22 That you put off, as regards your former manner of life, the old man, which is being corrupted according to the lusts of the deceit,

弗 4:24 并且穿上了新人，这新人是照着神，在那实际的义和圣中所创造的。

Eph 4:24 And put on the new man, which was created according to God in righteousness and holiness of the reality.

一 脱去旧人，就是否认并弃绝我们老旧的己—22 节，太十六 24。

A. To put off the old man is to deny and renounce our old self—v. 22; Matt. 16:24.

弗 4:22 在从前的生活样式上，脱去了旧人，这旧人是照着那迷惑的情欲败坏的；

Eph 4:22 That you put off, as regards your former manner of life, the old man, which is being corrupted according to the lusts of the deceit,

太 16:24 于是耶稣对门徒说，若有人要跟从我，就当否认己，背起他的十字架，并跟从我。

Matt 16:24 Then Jesus said to His disciples, If anyone wants to come after Me, let him deny himself and take up his cross and follow Me.

二 穿上新人，就是应用基督在创造新人时所完成的—弗二 15，四 24。

B. To put on the new man is to apply what Christ has accomplished in creating the new man—Eph. 2:15; 4:24.

弗 2:15 在祂的肉体里，废掉了那规条中诫命的律法，好把两下在祂自己里面，造造成一个新人，成就了和平；

Eph 2:15 Abolishing in His flesh the law of the commandments in ordinances, that He might create the two in Himself into one new man, so making peace,

弗 4:24 并且穿上了新人，这新人是照着神，在那实际的义和圣中所创造的。

Eph 4:24 And put on the new man, which was created according to God in righteousness and holiness of the reality.

三 十字架是为着脱去我们的旧人，而那灵是为着穿上新人：

C. Whereas the cross is for the putting off of our old man, the Spirit is for the putting on of the new man:

1 我们要脱去旧人，就必须将十字架应用在自己身上一太十六 24。

1. In order to put off the old man, we must apply the cross to ourselves—Matt. 16:24.

太 16:24 于是耶稣对门徒说，若有人要跟从我，就当否认己，背起他的十字架，并跟从我。

Matt 16:24 Then Jesus said to His disciples, If anyone wants to come after Me, let him deny himself and take up his cross and follow Me.

2 穿上新人，就是借着耶稣基督之灵全备的供应，活基督并显大基督一腓一 19 ~ 21 上。

腓 1:19 因为我知道，这事借着你们的祈求，和耶稣基督之灵全备的供应，终必叫我得救。

腓 1:20 这是照着我所专切期待并盼望的，就是没有一事会叫我羞愧，只要凡事放胆，无论是生，是死，总叫基督在我身体上，现今也照常显大，

腓 1:21 因为在我，活着就是基督，死了就有益处。

陆 心思的更新是为着一个新人完满的出现并实际的实行—弗四 22 ~ 24，西三 10 ~ 11：

弗 4:22 在从前的生活样式上，脱去了旧人，这旧人是照着那迷惑的情欲败坏的；

弗 4:23 而在你们心思的灵里得以更新，

弗 4:24 并且穿上了新人，这新人是照着神，在那实际的义和圣中所创造的。

西 3:10 并且穿上了新人；这新人照着创造他者的形像渐渐更新，以致有充足的知识；

西 3:11 在此并没有希利尼人和犹太人、受割礼的和未受割礼的、化外人、西古提人、为奴的、自主的，惟有基督是一切，又在一切之内。

一 我们的心思需要得更新，不是只为着我们属灵的操守，或我们个人道德的行为，乃是为着一个新人的出现。

二 我们在心思的灵里得以更新，其中心点乃是一个新人—弗四 23 ~ 24。

弗 4:23 而在你们心思的灵里得以更新，

弗 4:24 并且穿上了新人，这新人是照着神，在那实际的义和圣中所创造的。

三 我们在一生中，建立了我们本国与种族的头脑；为着一个新人的出现，这头脑必须得更新—西三 10 ~ 11：

西 3:10 并且穿上了新人；这新人照着创造他者的形像渐渐更新，以致有充足的知识；

西 3:11 在此并没有希利尼人和犹太人、受割礼的和未受割礼的、化外人、西古提人、为奴的、自主的，惟有基督是一切，又在一切之内。

2. To put on the new man is to live and magnify Christ through the bountiful supply of the Spirit of Jesus Christ—Phil. 1:19-21a.

Phil 1:19 For I know that for me this will turn out to salvation through your petition and the bountiful supply of the Spirit of Jesus Christ,

Phil 1:20 According to my earnest expectation and hope that in nothing I will be put to shame, but with all boldness, as always, even now Christ will be magnified in my body, whether through life or through death.

Phil 1:21 For to me, to live is Christ and to die is gain.

VI. The renewal of the mind is for the full existence and real practice of the one new man—Eph. 4:22-24; Col. 3:10-11:

Eph 4:22 That you put off, as regards your former manner of life, the old man, which is being corrupted according to the lusts of the deceit,

Eph 4:23 And that you be renewed in the spirit of your mind

Eph 4:24 And put on the new man, which was created according to God in righteousness and holiness of the reality.

Col 3:10 And have put on the new man, which is being renewed unto full knowledge according to the image of Him who created him,

Col 3:11 Where there cannot be Greek and Jew, circumcision and uncircumcision, barbarian, Scythian, slave, free man, but Christ is all and in all.

A. Our mind needs to be renewed not only for our spiritual conduct or for our personal, ethical behavior but also for the existence of the one new man.

B. The focal point of our being renewed in the spirit of our mind is the one new man—Eph. 4:23-24.

Eph 4:23 And that you be renewed in the spirit of your mind

Eph 4:24 And put on the new man, which was created according to God in righteousness and holiness of the reality.

C. Throughout our life, our national and racial mentality has been built up, and for the existence of the one new man, this mentality must be renewed—Col. 3:10-11:

Col 3:10 And have put on the new man, which is being renewed unto full knowledge according to the image of Him who created him,

Col 3:11 Where there cannot be Greek and Jew, circumcision and uncircumcision, barbarian, Scythian, slave, free man, but Christ is all and in all.

- 1 我们天然和本国的头脑，是照着我们的种族和文化背景受教育并建立起来的；这是新人得以出现的最大拦阻。
- 2 要使一个新人得以完满的出现，我们就必须经历心思彻底的更新，这心思是照着我们的国籍和文化建立起来的一10～11节。

西 3:10 并且穿上了新人；这新人照着创造他者的形像渐渐更新，以致有充足的知识；

西 3:11 在此并没有希利尼人和犹太人、受割礼的和未受割礼的、化外人、西古提人、为奴的、自主的，惟有基督是一切，又在一切之内。

四 一个新人实际具体化的惟一之路，乃是借着我们的心思得更新—罗十二2，弗四23～24，西三10～11：

罗 12:2 不要模仿这世代，反要借着心思的更新而变化，叫你们验证何为神那美好、可喜悦并纯全的旨意。

弗 4:23 而在你们心思的灵里得以更新，

弗 4:24 并且穿上了新人，这新人是照着神，在那实际的义和圣中所创造的。

西 3:10 并且穿上了新人；这新人照着创造他者的形像渐渐更新，以致有充足的知识；

西 3:11 在此并没有希利尼人和犹太人、受割礼的和未受割礼的、化外人、西古提人、为奴的、自主的，惟有基督是一切，又在一切之内。

- 1 我们必须在生活中实际地并天天在心思的灵里得着更新；否则，主就没有路得着新人。
- 2 一个新人得以具体化，不能凭着我们受改正或受教导，只能凭着神的灵浸透我们的思想。
- 3 在我们的祷告里，我们必须渴望进入一个新人的实行，因此我们必须求主更新我们的思想，变化我们里面的所是一罗十二2。

罗 12:2 不要模仿这世代，反要借着心思的更新而变化，叫你们验证何为神那美好、可喜悦并纯全的旨意。

- 4 我们天天需要脱去旧人并穿上新人；为此我们需要喝一位灵，使我们得以在我们实际日常生活的每一

1. Our natural and national mentality was educated and built up according to our racial and cultural background; this is the greatest hindrance to the existence of the new man.
2. In order for the one new man to come into full existence, we must experience a thorough renewal of our mind, which has been built up according to our nationality and culture—vv. 10-11.

Col 3:10 And have put on the new man, which is being renewed unto full knowledge according to the image of Him who created him,

Col 3:11 Where there cannot be Greek and Jew, circumcision and uncircumcision, barbarian, Scythian, slave, free man, but Christ is all and in all.

D. The only way that the one new man can be realized practically is by our mind being renewed—Rom. 12:2; Eph. 4:23-24; Col. 3:10-11:

Rom 12:2 And do not be fashioned according to this age, but be transformed by the renewing of the mind that you may prove what the will of God is, that which is good and well pleasing and perfect.

Eph 4:23 And that you be renewed in the spirit of your mind

Eph 4:24 And put on the new man, which was created according to God in righteousness and holiness of the reality.

Col 3:10 And have put on the new man, which is being renewed unto full knowledge according to the image of Him who created him,

Col 3:11 Where there cannot be Greek and Jew, circumcision and uncircumcision, barbarian, Scythian, slave, free man, but Christ is all and in all.

1. We need to be renewed in the spirit of our mind actually and daily in our living; otherwise, there is no way for the Lord to have the new man.
2. The one new man cannot be realized by our being corrected or taught but by the Spirit of God permeating our mentality.
3. In our prayer we need to have a desire to enter into the practicality of the one new man, and thus we need to ask the Lord to renew our mind and transform our inward being—Rom. 12:2.

Rom 12:2 And do not be fashioned according to this age, but be transformed by the renewing of the mind that you may prove what the will of God is, that which is good and well pleasing and perfect.

4. Daily we need to put off the old man and put on the new man; for this we need to drink of the one Spirit that we may be renewed in the spirit of our

方面，在我们心思的灵里得以更新—弗四 22 ~ 32。

- 弗 4:22 在从前的生活样式上，脱去了旧人，这旧人是照着那迷惑的情欲败坏的；
- 弗 4:23 而在你们心思的灵里得以更新，
- 弗 4:24 并且穿上了新人，这新人是照着神，在那实际的义和圣中所创造的。
- 弗 4:25 所以你们既已脱去谎言，各人就要与邻舍说实话，因为我们是互相为肢体。
- 弗 4:26 生气却不要犯罪，不可含怒到日落，
- 弗 4:27 也不可给魔鬼留地步。
- 弗 4:28 偷窃的不要再偷，倒要劳力，亲手作正经事，好有所分给需要的人。
- 弗 4:29 败坏的话一句都不可出口，只要按需要说建造人的好话，好将恩典供给听见的人。
- 弗 4:30 并且不要叫神的圣灵忧愁，你们原是在祂里面受了印记，直到得赎的日子。
- 弗 4:31 一切苦毒、恼恨、忿怒、喧嚷、毁谤，同一切的恶毒，都要从你们中间除掉。
- 弗 4:32 你们要以恩慈相待，心存慈怜，彼此饶恕，正如神在基督里饶恕了你们一样。

5 当我们喝那灵，祂就浸透我们这人的每一部分—林前十二 13：

林前 12:13 因为我们不拘是犹太人或希利尼人，是为奴的或自主的，都已经在一位灵里受浸，成了一个身体，且都得以喝一位灵。

a 我们喝那灵，祂所浸透我们魂的第一部分乃是心思。

b 我们若喝那灵，就会在我们心思的灵里得以更新，这更新会使我们众人成为一个新人—弗四 23 ~ 24。

- 弗 4:23 而在你们心思的灵里得以更新，
- 弗 4:24 并且穿上了新人，这新人是照着神，在那实际的义和圣中所创造的。

6 当我们的心思得着更新，一个新人就会实际地出现，基督也就真正是一切，又在一切之内—西三 10 ~ 11。

- 西 3:10 并且穿上了新人；这新人照着创造他者的形像渐渐更新，以致有充足的知识；
- 西 3:11 在此并没有希利尼人和犹太人、受割礼的和未受割礼的、化外人、西古提人、为奴的、自主的，惟有基督是一切，又在一切之内。

mind in every area of our practical, daily life—Eph. 4:22-32.

- Eph 4:22 That you put off, as regards your former manner of life, the old man, which is being corrupted according to the lusts of the deceit,
- Eph 4:23 And that you be renewed in the spirit of your mind
- Eph 4:24 And put on the new man, which was created according to God in righteousness and holiness of the reality.
- Eph 4:25 Therefore having put off the lie, speak truth each one with his neighbor, for we are members one of another.
- Eph 4:26 Be angry, yet do not sin; do not let the sun go down on your indignation,
- Eph 4:27 Neither give place to the devil.
- Eph 4:28 He who steals should steal no more, but rather should labor, working with his own hands in that which is respectable, that he may have something to share with him who has need.
- Eph 4:29 Let no corrupt word proceed out of your mouth, but only that which is good for building up, according to the need, that it may give grace to those who hear.
- Eph 4:30 And do not grieve the Holy Spirit of God, in whom you were sealed unto the day of redemption.
- Eph 4:31 Let all bitterness and anger and wrath and clamor and evil speaking be removed from you, with all malice.
- Eph 4:32 And be kind to one another, tenderhearted, forgiving one another, even as God in Christ also forgave you.

5. When we drink of the Spirit, He saturates every part of our being—1 Cor. 12:13:

1 Cor 12:13 For also in one Spirit we were all baptized into one body, whether Jews or Greeks, whether slaves or free, and were all given to drink one Spirit.

a. As we drink of the Spirit, the first part of our soul that He saturates is our mind.

b. If we drink of the Spirit, we will be renewed in the spirit of our mind, and this renewing will make us all into one new man—Eph. 4:23-24.

- Eph 4:23 And that you be renewed in the spirit of your mind
- Eph 4:24 And put on the new man, which was created according to God in righteousness and holiness of the reality.

6. When our mind has been renewed, the one new man will come into existence in a practical way, and Christ will truly be all and in all—Col. 3:10-11.

- Col 3:10 And have put on the new man, which is being renewed unto full knowledge according to the image of Him who created him,
- Col 3:11 Where there cannot be Greek and Jew, circumcision and uncircumcision, barbarian, Scythian, slave, free man, but Christ is all and in all.